

A Time I Showed Kindness

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A time I showed kindness: an intriguing question. I have actually never thought or considered this writing prompt before, so let me try. First off, I have done lots of kind things, if I do say so myself. They, of course, range from small things like holding a door for someone, to bigger things like donating to charity and showing respect. However, in this piece, I can only choose one. I think I will choose...the time that I encouraged my brother(Kevin) to be brave and do a presentation. This event, in fact, occurred in February, the same day that I have started writing this piece.

This is what happened: Starting in the morning, I saw my brother stressing out and fidgeting with his fingers. I knew that he was going to be doing a presentation today in front of a lot of people and some judges. Before I had to go to my 4-H meeting, I gave my brother some words of encouragement: "You will be okay. If you feel nervous or judged, just imagine you're talking to animals."As I hopped into the car, I hoped my brother would listen to me.

When I got back, I was met with a surprise. Kevin was already home! Apparently, he had to go home before he could do the presentation because his stomach hurt. At dinner, it seemed to me as if my mom did not believe him that his stomach was actually hurting and was just an excuse. However, it also seemed to me that he was telling the truth. So, I decided to give more encouragement and a practice strategy for his next try. At my school, we were reading *The Lions of Little Rock*, and in the book, Marlee, the main character, is also practicing for her presentation. She practices her presentation at

the zoo and talks to the animals. Then, at the real presentation, she imagines everyone as an animal and starts speaking.

Since we have a cat, I encouraged Kevin to practice the same way but with our cat. That night, he recorded a video of his presentation to the judges and to a very confused cat. I could tell he felt a little lighter and more ready for next time. After that, I realized my small act of kindness and encouragement really helped Kevin with his presentation! Now, you know about the time that I was kind to someone(Kevin).