

## **When I Helped Someone**

It was another freezing Saturday morning in New York State in January, and I was headed to my football game. Dad was carrying my stuff and I raced ahead to get the door.

There were lots of people going to the MCC Sports Complex that day. It's a busy place. Dad went in but then I saw another family coming. The mom and dad were also carrying equipment in a duffel bag, just like my dad. I held the door for them.

I have seen my mom and dad hold the door for other people when we are out sometimes, so I have started to do it too. I didn't know these people, but they smiled and said, "thank you."

Holding the door for someone is easy to do and it's an easy way to be helpful.