

Ellie Kim

Age: 8

Grade: 3

My Safe Shelter

Who do you go to when you are scared? There was a month I was haunted by the thought of murderers coming to my house after reading a book. I told my mom I was worried about someone coming to our house at night and killing me. She listened patiently to me, understood how I felt and took me seriously. Instantly, my fear washed away like a river. My mom is my safe shelter.

She also supports me when I struggle with a challenging multiplying exponent problem. She helps me solve the problem by showing an easy way to understand it without making any judgement. She doesn't make a fuss over a small thing like me doing something wrong in math. I'm not nervous about making a mistake.

When I'm bored and my mom's around, she adds a little drama and some funny reactions to our conversation. She makes me laugh and feel joy.

Most of all, I feel the safest when I sleep in my bed with my mom. I like it when she sleeps with me. When I try to fall asleep alone, I'm too nervous and there is ringing in my ears that annoys me. I also enjoy talking to her about school and my feelings as I fall asleep because it makes me feel relaxed. Cuddling up with her is cozy. Sleeping

with my mom is one of the best ways to end the day. No matter how nervous I am, I feel safest around mom.